

# Ruby C. Hunt YMCA

# Y SWIM LESSONS™

We build strong kids, strong families, strong communities.

YMCA Mission: Helping all people reach their God given potential in spirit, mind and body.

**Session I: June 14 – June 24**

**Session II: June 28 – July 8**

**Session III: July 12 – July 22**

**Session IV: July 26 – August 5**

## Parent/Child

Monday/Wednesday 9:30am-10:00am

Monday/Wednesday 5:00pm-5:30pm

Tuesday/Thursday 10:00am-10:30am

Tuesday/Thursday 5:30pm-6:00pm

## Polliwog/Guppy/Minnow

Monday/Wednesday 9:30am-10:00am

Monday/Wednesday 5:00pm-5:30pm

Tuesday/Thursday 10:00am-10:30am

Tuesday/Thursday 5:30pm-6:00pm

## Preschool

Monday/Wednesday 10:00am-10:30am

Monday/Wednesday 5:30pm-6:00pm

Tuesday/Thursday 9:30am-10:00am

Tuesday/Thursday 5:00pm-5:30pm

## Fish/Flying Fish/Shark

Monday/Wednesday 10:00am-10:30am

Monday/Wednesday 5:30pm-6:00pm

Tuesday/Thursday 9:30am-10:00am

Tuesday/Thursday 5:00pm-5:30pm

**\$20 members**

**\$40 Non-Members**

All fees must be paid when registering for Swim Lessons. (Financial Assistance is available through the Open Doors Program)

*The YMCA reserves the right to cancel or combine classes with low enrollment.*

Student Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Session: \_\_\_\_\_ Class: \_\_\_\_\_ Days: Mon/Wed or Tues/Thurs

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Has this child taken swim lessons at the YMCA before? Yes No

Medical Information (i.e. Seizures, etc.): \_\_\_\_\_

*By submitting this form, I agree that the YMCA may photograph or video my child and that the picture may be used for their promotions. I also agree to waive all claims for my child or myself against the individual YMCA staff, volunteers, and the Cleveland County Family YMCA.*

Parent/Guardian Signature \_\_\_\_\_

## Class Descriptions

### **Parent/Child** – Ages 9 months through 36 months (30 minute class)

Child water enrichment class for children ages 9 through 36 months of age. Accompanied by their parent, this class is designed to introduce infants & toddlers to the aquatic environment.

### **Preschool** – Ages 3 through 5 (30 minute class)

The Preschool swimming class is for children ages 3 to 5 who have little water experience but are ready to develop water skills in a group environment without a parent.

- Pike** = limited water experience or fear of water but is comfortable separating from parents
- Eel** = not afraid of the water, beginning to swim using an IFD (instructional floatation device)
- Starfish** = beginning to swim independently, comfortable on back with some assisted floating

### **Youth** – Ages 5 through 12 (45 minute class)

Youth swimming is a six level program with each level building on the preceding one with the core basics of swimming being continually reinforced. The last 5 minutes of class is for games, water slide or free time depending on the group level.

- Polliwog** = introductory level
- Guppy** = beginner skills
- Minnow** = intermediate skills
- \*Polliwog/Guppy/Minnow are taught in the same class.
- Fish** = intermediate swimmer skills
- Flying Fish** = advanced intermediate skills
- Shark** = advanced swimmer skills
- \*Fish/Flying Fish/Shark are taught in the same class.

## CANCELLATION POLICY

- If you withdraw from a session one-week prior to the beginning of the class you will be issued a full credit to use for future sessions. To cancel after this day, no refund will be given.
- After the first half of a class, you may cancel the class, but you will not receive credit for any remaining classes.
- Refunds for canceling a session will only be given in the case of illness and require a doctors' note.
- In case of pool closure during swim lessons, a make-up or a credit will be issued for that day the class was canceled.

## STORMPROCEDURE

If there is any thunder and/or lightning the pool must be cleared. If a storm disrupts more than half of the lesson a make-up class will be made available on one given date (usually on the following Friday). If you cannot make that date, it will be a lesson missed.

## MAKE-UPS

There are NO make-ups for missed classes- whether your child is sick or out of town. You may not attend classes at another time in the place of a missed class.

## RULES TO FOLLOW

- There will be a quick parents meeting on the first day of each session. Please be on time.
- Parents are not allowed to watch classes from the pool deck. This gives the instructor an opportunity to teach and get your child's full attention without added distractions.
- Please be prompt when dropping off and picking up your child so that the next class may begin on time.
- Please make sure your child uses the bathroom before lessons to try to prevent bathroom breaks during the lessons.