

The “**We Build People**” campaign is about benefiting our community by providing YMCA scholarships to youngsters, families and seniors who could not otherwise afford the advantages of the YMCA.

Everyone has a place at the Y. The “*We Build People*” campaign is your opportunity to reach out to those in our community who need it the most.

Your support can make someone feel like a winner, inside and out.

You can have family and friends sponsor your ride or simply give to the scholarship campaign.



YMCA Mission: Helping all people reach their God given potential in spirit, mind and body.



5th Annual Bike Ride April 17, 2010

**Metric Century (60 mile)
Half Metric (30 mile)**

Start time: 8:30 am
Football Center, Gardner-Webb
University
Boiling Springs, NC

Registration: 7:30-8:30 am



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US POSTAGE
PAID
Shelby, NC 28151
PERMIT #120

Cleveland County Family YMCA
PO Box 2272
Shelby, NC 28151

Tour de Springs
100% of the
registration fee goes
to the
“We Build People”
scholarship program

(See back cover)

LOCATION

Football Center, Gardner-Webb University
 Boiling Springs, NC

REGISTRATION

(Youth under 16 years must be accompanied by an adult)

Register by mail, on-line at
 www.clevecoymca.org or in person at any of the
 Cleveland County Family YMCA facility
 branches.

\$15 per participant

**Pre-registration includes a commemora-
 tive T-shirt , course map, goodie bag,
 snacks and on course aid station and a
 post race meal.**

Event Day registration

\$15 per participant

7:30 until start

**Same day registration, T-shirts will be
 available while supplies last.**

Ride

Helmets required

8:30 am

Register 60 min. prior to start time

**Enjoy the beautiful countryside of Cleveland
 and Rutherford Counties. This will be a 30
 and 60 mile route.**

Phantom Ride

**If you would like to receive all the goodies
 and support the YMCA in this life-impacting
 event but are unable to ride, you can still
 pre-register or simply make a donation to
 our “We Build People” campaign.**



Tour de Springs

	Time	Price
<input type="checkbox"/> 30 mile route	8:30AM	\$15.00
<input type="checkbox"/> 60 mile route		\$15.00
<input type="checkbox"/> Phantom ride		_____
	Total	_____

Name _____ Phone _____

Address _____

City, State _____ Zip _____

Age on race day _____ M ___ F ___

Emergency Contact _____ Phone _____

E-mail _____

Shirt Size:

T-shirt size: Adult S ___ M ___ L ___ XL ___

PARTICIPANT WAIVER

I attest that I am in proper physical condition to compete in this ride & understand the risks and rigors associated therewith. I authorize race officials to provide medical attention at my expense should I appear to be in need. I waive all claims by myself, my family, heirs, and assignees against the YMCA, staff, ride sponsors, volunteers, law enforcement personnel, and anyone else associated with the organization of this ride, for any injuries I sustain as a result of my participation in this ride. I also give permission for my name and picture to be used in any legal manner without payment to me.

 Signature Date

Please mail & make checks payable to:
 Cleveland County Family YMCA
 PO Box 2272
 Shelby, NC. 28151
 For more information contact:
 Mike Suess at 704-669-3612 or
 msuess@clevecoymca.org